

Contact Person's Name	Contact person's Email	Organization Number	Organization Name	Organization Name	Describe your organization/service	Website Url	Category	Fees?	After hours or weekends?	Service Delivery	Languages
MENTAL HEALTH											
	Mental Health						Mental Health				English, French
		1-844-380-4324	Nova Scotia Mental	Halifax, NS	provides support, programs, and services to	https://mha.nshealth.ca/en					English, French
		1-844-292-6730	NSEDIS	Halifax, Nova Scotia B3M 2K6	services for child development, family support	https://www.nsecdis.ca/our-services					English, French
		902-245-6866	Tri County Women's	Digby, 87 Warwick Street	Creating necessary changes that will offer wom	https://www.tricountywomenscentre.org/about-us.html					English, French
		1-888-429-8167	Mental Health crisis		phone number if you're thinking about suicide						English, French
		1-800-668-6868	Kids Helpline		Young people contact for friendships and rel	https://kidshelpline.ca/publications/nsstrong-we-are-here-for-you-24-7					
		1-833-292-3698	Good2Talk			https://good2talk.ca/novascotia/					English, French
		902-245-4709	Digby Mental Health	75 Warwick Street Digby, NS		https://mha.nshealth.ca/en/clinics/digby-general-hospital					English, French
		211	all genders helpline								English
		1-855-922-1122	Mental Health & Add			https://mha.nshealth.ca/en					English, French
		902-449-6560	Strong Families insti	Lower Sackville, Nova Scotia, Canada	To provide timely access to quality services,	https://strongestfamilies.com/our-story/					English, French, Chinese, Punjabi
		1-902-742-0222	Canadian Mental He								English, French
Financial Support											
		1-800-959-8281	Revenue Canada		Administering tax laws for the government, for m			Donations			English, Spanish
		1-866-424-1269	The poverty reductio	Nova Scotia, Canada	gives you tax free quarterly payments if you are e	https://novascotia.ca/coms/notewo		grants and funding			English, Spanish
		1-877-330-0323	Family Pharmacy pri	Nova Scotia, Canada	provincial drug insurance plan			Donations			English
		1-800-670-4357	Debtor assistance pro	Nova Scotia, Canada	offers advice and options for managing debt	https://ns.211.ca/services/service-nova-scotia/debtor-assistance/		Donations			English
		1-888-753-2227	Credit counsellor	Halifax	assist individuals throughout canada in ending fina	https://www.consolidatedcreditcanada.ca/locations/nova-scotia/halifax/		Donations			English, French, Spanish, Arabic, C
		1-800-565-8420	Student load Assistan	Nova Scotia, Canada	Helping student with applying, financing school,	https://www.centraleasthealthline.ca/display/service.aspx?id=12481					English, French
		1-800-277-9914	Canada's pension pl	Nova Scotia, Canada	monthly benefits paid to people who have contri	https://www.centraleasthealthline.c					English, French
		902-245-5811	Department of Comr	84 Warwick Street, Digby, Nova Scotia		https://novascotia.ca/coms/department/contact/WesternOffices.html					
Employment Education Ca											
	info@digbydala.com	902-245-7540	Digby Area Learning	207A Highway 303, Digby, NS	not-profit organization dedicated to providing	https://www.digbydala.com/					
		902-245-7211	Nova Scotia Commu	87 Warwick St. Digby NS	provide Nova Scotians with inclusive and flex	https://www.nssc.ca/campuses/burridge/digby-learning-centre/index.asp					
		902-245-1830	Nova Scotia Works		helping connect people to jobs and jobs to pe	https://novascotiaworks.ca/nsdc/					
		902-749-5696	Tri County Regional		provide a safe and inclusive learning environ	https://www.trcree.ca/					
	burridge.info@nssc.ca	902-742-3501	NSSC Digby Satellite Office			https://www.nssc.ca/campuses/burr					
addiction & Gambling Serv											
		1-902-789-8323	Narcotics Anonymous Helpline		Narcotics addiction helpline but youre anonymo						
		1-877-513-5333	Get naloxone		Naloxone is used to treat an opioid poisoning	https://novascotia.ca/opioid/					
		1-888-425-2666	Smokers Helpline		To help with smoking						
		1-888-347-8888	Al-Anon		Having problems with gambling addiction						
		1-902-461-1119	Gamblers Helpline		Alcohol addiction helpline but youre anonymous						
		1-877-904-4555	Alcoholics Anonymo		Mainline, a program of the Mi'kmaw Native F	https://mainlineneedleexchange.ca/					
	ca.martimes@gmail.com	(902) 789-9160	Mainline Needle Exc		Cocaine Anonymous						
		902-245-4709	Cocaine Anonymous		Cocaine helpline but youre Anonymous (dont nee	https://mha.nshealth.ca/en/services/adult-community-mental-health-and-addictions-services					
		902-245-4709	Adult Community Me	75 Warwick Street, Digby Ns							
housing/homelessness											
	help@ns.211.ca	902-378-4508	Digby & Area Food E	53 Mount Street, Digby NS B0V 1A0	It is for those who are seeking information about	https://ns.211.ca/services/digby-and-area-food-bank/					
		902-245-2524	Digby Bargain Bin	125 First Avenue, Digby, NS, Canada. NS B	Formerly the Bethany Bargain Bin, this retail	https://conwayworkshop.com/digby-bargain-bin/					
	info@juniperhouse.ca	1-800-266-4087	Juniper House	PO Box 842, Yarmouth, NS, B5A 4K5	Juniper is a symbol of protection. It signifies	https://thans.ca/shelters/juniper-house-yarmouth-digby-shelburne/					
		1-902-881-3111	SHYFT	6 Trinity Place, Yarmouth NS B5A 1P4	SHYFT provides temporary housing for up to	http://www.shyft.ca/					
	Paul Levy	902-746-3627	VON Meal program		They have a frozen meal program. It is open						
family support services											
		1-800-431-6472	immigrant Settler		Child welfare services include child protection	https://novascotia.ca/coms/department/contact/ChildWelfareServices.html#16					
		902-245-5811	Child Welfare Servic	84 Warwick Street, Digby, NS, B0V 1A0	The Nova Scotia Family Pharmacare Progr	https://novascotia.ca/dhw/pharmacare/family-pharmacare.asp					
		1-877-330-0323	family pharmacare		Providing assistance filling out applications, r	https://www.tricountywomenscentre.org/					
		902-245-6866	Tri-county Womens	87 Warwick Street (nssc)	NS Early Childhood Development Intervention Se	https://www.nsecdis.ca/					
		902-245-1900	NSECDIS	P.O. Box 2266, 1 Birch Street	Provides support and information to families	https://ns.211.ca/services/tri-county-region-digby/early-childhood-development-intervention-services/					
	info@nsecdis.ca	902-245-1900	Early Childhood Devel	1 Birch Street, Digby NS							
		902-837-7315	Digby Early Interventio								
	thefamilycentre1@belle	(902) 245-2300	Digby County Family F			https://www.facebook.com/p/The-Family-Centre-100064739614582/					
Health and Wellness											
		902-742-3542	Clare Community Hea	Clare, Nova Scotia	Physicians, allied health professionals and health	https://www.nshealth.ca/locations-and-facilities/clare-health-centre					
		902-742-3542	Digby & Area Commu	The Western Zone encompasses Kings County, L	They work together to improve health & wellness	https://www.communityhealthboards.ns.ca/					
		1-902-742-3865	Tri-County Pregnancy	Yarmouth, NS B5A 1E6	The Tri-County Pregnancy Care Centre (TCPCC) is	https://www.tricountypregnancycentre.ca/about-us					
		902-308-0739	La Leche League Can	Digby, Nova Scotia	La Leche League Canada is a registered non profit	https://www.llc.ca/about/la-leche-league-canada-who-we-are-and-what-we-do					
		1-800-565-0548	Breast Screening	Bridgewater, Nova Scotia	The Nova Scotia Breast Screening Program is a pr	https://breastscreening.nshealth.ca/who-we-are					
		1-902-468-1866	Doctors Nova Scotia	Dartmouth, Nova Scotia	Doctors Nova Scotia (DNS) is the oldest medical a	https://doctorsns.com/contact-us/staff-directory					
		902-444-6726	College of Registered	Bedford, Nova Scotia	The public trusts that nurses practice with pu	https://www.nscn.ca/explore-nscn/nscn-team/contact-us					
		902-746-3627	VON Tri-County	Yarmouth, Nova Scotia	We help our clients stay healthy, live well and ren	https://von.ca/en/about-us					
Sexual Health, Violence &											
	tcpc@ns.aliantzinc.ca	1-902-742-3865	Tri County Pregnancy	342 Main Street, Yarmouth, NS B5A 1E6	They are available to discuss and provide you wit	https://www.tricountypregnancycentre.ca/					
		1-800-566-2437	Nova Scotia AIDS Coa	ring Garden Road, Suite 200, Halifax NS B	They strive to create an environment in w	https://acns.ns.ca/					
	info@juniperhouse.ca	(902) 245-4789	Juniper House	PO Box 842, Yarmouth, NS, B5A 4K5	24-hour TOLL FREE crisis line. A safe secure	https://thans.ca/shelters/juniper-house-yarmouth-digby-shelburne/					
		902-245-2579	RCMP Digby	129 Victoria St, Digby NS B0V 1A0		https://www.rcmp-grc.gc.ca/detach/en/d/373					
		1-800-565-1805	provincial victim servic		If you are a victim of crime, or the spouse or	https://novascotia.ca/just/victim_services/programs.asp					
		1-866-922-2434	After Hours Child Abu		Report any child abuse	https://littlearriors.ca/about/information-resources/regional-resources/nova-scotia-resources/#:~:text=Nova%20Scotia-.resources.%2D866%2D922%2D2434					
		1-833-577-7263	Sexual Assault Nurse		Sexual Assault Nurse Examiners (SANEs) ar	https://www.nshealth.ca/sane#:~:text=Sexual%20Assault%20Nurse%20Examiners%20(SANEs,experienced%20sexual%20assault%20or%20abuse					
		1-833-900-1010	Canadian Human Traf		confidential, multilingual service, operating 24						